

Mission



Build our communities' health care capacity through a focus on education and support to students and health professionals along the workforce pipeline.



Champlain Valley Area Health Education Center

ANNUAL REPORT

2014

Promise

- Disciplined and responsible fiscal management.
- High quality programming that prepares students and professionals for the changing health care workforce.
- Continuous quality improvement for all our activities.
- Support and maintenance of a high performing board of directors.



Vision

With all the talented and committed



health care professionals we need, Vermont's health care system is accessible,

equitable, culturally competent and of the highest quality.



Champlain Valley AHEC Staff

(left to right: Judy Wechsler, Education Resource Coordinator; Tammy Johnson, Database Manager; Jane Nesbitt, Health Careers Program Educator; Helen Riehle, Executive Director; Elizabeth Ratta, Project Coordinator; Mary Horton, Administrative Coordinator; and Jessica Barrow, Health Careers Program Educator.)

www.cvahec.org



Health Careers

Classroom Presentations



We offer interactive presentations for middle and high school students to build age-appropriate awareness of the diversity of health careers by identifying steps students can pursue toward healthcare careers and directing them to Vermont education resources for further exploration.

"Made me more excited to begin a career in the health field."

Focus on Health Careers Conference



The Focus on Health Careers Conference is a one-day event for high school students interested in pursuing a health career in the future. Activities include guest speakers, workshops and skills training in health-related career fields.

"Really had an amazing time and even more excited now to get into college and start my health care career."



Nineteen participants from our region in FY 2014.

Shadow Day

Shadow Day (to be renamed *A Day in the Life* in 2015) is a one-day program that offers an opportunity for high school students to develop comfort in the health care field by experiencing a day in the life of healthcare professionals in their work settings. Students explore a healthcare field of interest and strengthen skills and resources needed for such a career.

"I'm more motivated to work hard/study to better myself and improve my college experience."

MedQuest

MedQuest Health Careers Exploration Program is designed for current 10th and 11th graders. MedQuest is a structured, educational, week-long, residential program that is held on the UVM campus. The program gives students the chance to explore a variety of careers in health care and lets students gain comfort in a college environment.

"After talking to multiple professionals during MedQuest, I came to realize that a strong academic foundation is needed in order to succeed in college and later on in life in a medical career."





Six participants from our region in FY 2014.

CollegeQuest is a six week summer residential program focused on academic enrichment and skill development for current 11th grade Vermont students interested in health careers. Students explore healthcare jobs, learn how the human body works both in health and disease, visit admissions staff at college campuses, gain access to financial aid resources, practice the skills necessary to be successful in college, experience life on a residential college campus and build positive connections with other students and adults.

"CollegeQuest has been such a great experience for me. It was so wonderful for my future. I learned a lot. Thank you CollegeQuest and staff."



Student Support

Health Professions Student Projects

Projects are designed to offer inter-professional, community-based service learning opportunities for health professions students.

Community Health Improvement Projects

As part of their University of Vermont College of Medicine Family Medicine clerkship experience, 3rd year medical students are asked to complete a community health improvement project. For these projects students interview community members and identify a need within the practice or host community that the students can address over a seven week rotation. Job Larson and two other medical students, Vishal Shaw and Jeyko Garuz identified improved nutrition as a way to address multiple chronic conditions, as well as improve overall health. Together they decided to come up with a unique and creative resource for patients to use to improve their diets by creating healthy low cost menu options and posting on YouTube how to prepare the recipes.



Summer Projects

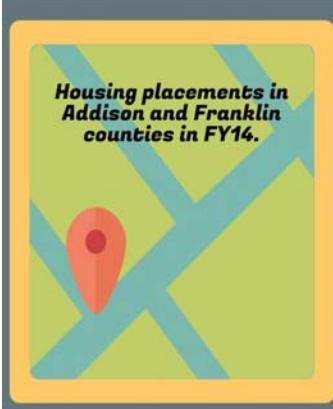
AHEC Summer Projects are designed to offer inter-professional, community-based service learning opportunities for University of Vermont students. In one project Jia Xin Huang, MS2 and Jack Fitch, RN NPS, University of Vermont students developed culturally and linguistically suitable lesson plans for healthcare professionals and students to use to introduce important US healthcare topics to Vermont's Latino/Latina migrant farm workers. They developed these lesson plans with support from Champlain Valley AHEC, assisted by University of Vermont Extension *Bridges to Health/Puentes a la Salud*, and shaped by their several conversations with Latino/Latina migrant farm workers. With continuing outreach efforts, including on-farm visits, as well as creation and dissemination of new lesson plans, this unique population will become more empowered to make their own healthcare decisions.





Housing

in the Champlain Valley



Housing Placement number of days per fiscal year

FY2014	86
FY2013	0
FY2012	60
FY2011	63

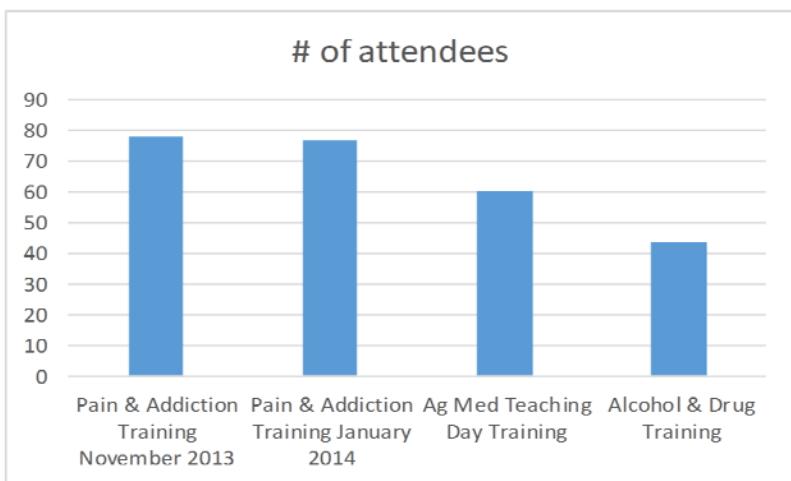
Housing

Based on availability, we will arrange housing for eligible students/residents participating in a rural rotation in Vermont if the rotation is at least 25 miles (one way) from the UVM campus. We need at least one month to schedule housing.

Provider Support

Continuing Education

Continuing Education is one way that Champlain Valley AHEC is demonstrating a strong commitment to rural healthcare workforce development. Events are targeted to healthcare professionals such as physicians, nurse practitioners, physician assistants, nurses, coders, and other medical care staff.





Keeping health care providers in our communities...



The Vermont Educational Loan Repayment Program for Healthcare Professionals is funded by the State of Vermont through the Department of Health, and is administered by AHEC.

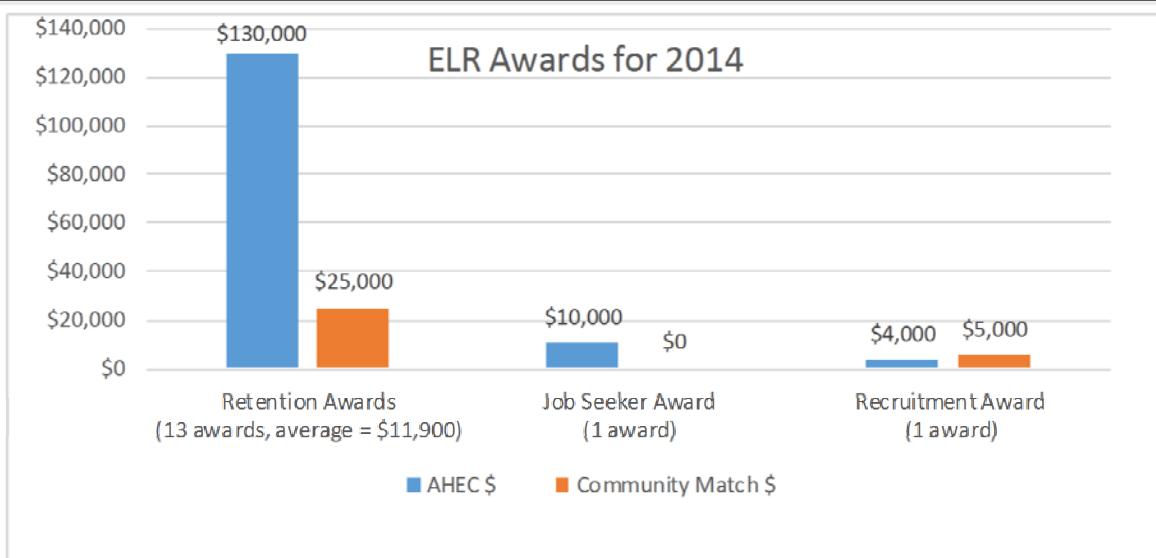
The goal of this program is to ensure a stable and adequate supply of primary care practitioners to meet the health care needs of Vermonters.

General Requirements:

- Must be a Vermont resident and a primary care nurse practitioner, physician assistant, psychiatric nurse practitioner, certified nurse midwife, or physician practicing at least 20 hours per week in Vermont.
- Must meet a one-year service commitment.
- Region must have a need for the practitioner, or be an underserved area, as defined by the Program.
- Grants go directly to pay educational loans.

"I thank AHEC for this loan repayment program. As you know many of us who are early career physicians have been saddled with quite a large amount of educational debt from medical school, and sometimes this makes it much harder to consider a long term career in Community Health programs. Programs like this one are instrumental in allowing physicians like myself to continue to serve underserved communities without quite as heavy a burden due to aforementioned debt. Thank you again...and I am looking forward to continuing to serve Vermont's underserved community."

2014 Educational Loan Repayment recipient

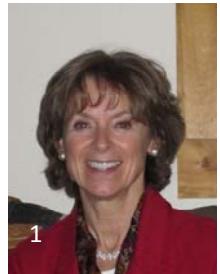


Board of Directors

(as of January 1, 2014)

Julie Arel, MSW, MPH

Executive Director, NE Rural Health Round Table



1

Claire Ayer, RN, BA (1)

Vermont State Senate



2

Debbie Bedrin (2)

Grand Isle School, 3rd Grade Teacher



3

Carol Buck-Rolland, APRN, EdD, MS, PNP-C, WHNP-C (3)

Clinical Associate Professor, UVM



4

Heather Danis, MPH, RD (4)

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Health Services District Director, Vermont Department of Health



5

Robert Hamilton, PharmD, MPH (5)

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Associate Dean, Albany College of Pharmacy & Health Sciences



6

Mary Hartman (6)

MVU Middle/High School

Business Education Teacher



7

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Associate Dean, Office of Primary Care UVM College of Medicine

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Board President

Family Physician, Community Health Center of Burlington

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Ben Ware, MS3

3rd Year Medical Student, UVM College of Medicine

Robert Zelazo, MD

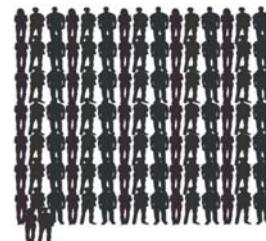
Medical Director, Northern Tier Center for Health (NOTCH) Swanton

We are so grateful to our many FY 14 volunteers and partners who have supported our programs through the gift of their time, energy, expertise and experience.



Individuals				
Shannon Albrecht	Aimee Foster	Brian McHugh	Counseling Service of Addison County	Administration
Deborah Alsofrom	Kelly Fournier	Dr. Jason Miller	Essex Rescue	UVM AHEC Program Office
Rachael Atwood	Chrissy Fredette	Kate Miller	Helen Porter Healthcare	UVM Medical Center
Dr. David Averill	Stephanie Gagnon	Kathryn Mitiguy	and Rehabilitation	Departments:
Molly Backup	Kelsey Gero	Callie Moore	Center	• Cardiac Rehabilitation
Sheila Bannister	Dr. Pamela Gibson	Michael Moretti	Middlebury Volunteer Ambulance Association	• Dining Services
Jean E. Beatson	Emma Ginty	Juanita Morris	Navicate	• General Surgery
Jamie Belchak	Erin Graham	Amanda Nattress	Northwestern Medical	• Hematology & Oncology
Lynn Billado	Samantha Graham	Deborah O'Rourke	Center Departments	• Obstetrics & Midwifery
Pam Bonsall	Sue Griggs	Mary Val Palumbo	• Diagnostic Imaging	• Orthopedic Care
Dr. Edward Borrazzo	Ellen Grimes	Vanessa Patten	• Emergency Department	• Pathology & Lab Medicine
Russ Brown	Jesse Guterress	Lauren Pearson	• Family Birth Center	• Pharmacy Services
Marina Brzostoski	Gayle Hagen-Peter	Kelly Piche	• Inpatient Care	• Physical Therapy
Cathy Buck	Russell Halpern-Reiss	Deb Reardon	• Laboratory	• Primary Care Internal Medicine
Sara Burton	Mary Hartman	Sarah Riehle	• Respiratory Therapy	• Radiology
Sharon Bushor	Karen Hermann	Dr. Bill Roberts	• Surgical Services	• Respiratory Therapy
Kimball Butler	Elizabeth Higdon	Heather Roszkowski	Northwestern Orthopaedics	• Surgical Services
Robert J. Cade	Kelley Holland	Adison Rounds	Northwestern Pain Management	Vermont Department of Health
Natasha Cady	Amy Hopkins	Vanessa Santos Eugenio	Northwestern Rehabilitation Services	Vermont Works for Women
Michelle Carner	Maggie Holt	Judy Schwenn	Porter Medical Center	Vermont Student Assistance Corporation
Amanda Chamberlain	Dr. Rachel Inker	Sonya Shafieque	Richmond Rescue	Resources and Services
Carmen Colley	Colby Joyce	Jean Sienkewicz	United States Department of Health	
Dr. Stephen H. Contompasis	Jagdeep Kaur	Chuck Snowden		
Candis Cousins	Lisa Kelley	Michelle Stearns		
Amber Couture	Jamie Kelly	Emily Sutton		
Catie Cove	Laura Kelsh	Christina Sweet		
Kris Daigle	Anne Klein	Faye Tolar		
Liam Danaher	Lisa Koep	Christina Trent		
Lisa Deavitt	Beth Kranz	Ed Tumielewicz		
Kris Degenhardt	Beth Ladd	Jillian Turner		
Kayla Dillon	Karynne Lang	Raymond Villar		
Danielle Dragon	Betty Levesque	Maureen Weed		
Clarissa Drill	John Little	Chuck Welch		
Nancy Durham	Dr. Scott Luria	Naomi Wolcott-		
Mary Alice Favro	Barbara MacArthur	MacCausland		
Liz Fehrenbach	Sarah Macey	Christin Young		
Theresa Fortune	Dr. Kenneth Major	Departments & Organizations		
	Sarah Malinowski	Addison County Home Health & Hospice		
	Bernie Marshall	Albany College of Pharmacy and Health Sciences		
		Community Health Center		
		Burlington		

Volunteers



107
volunteers
for our
health
careers
programs in
2014



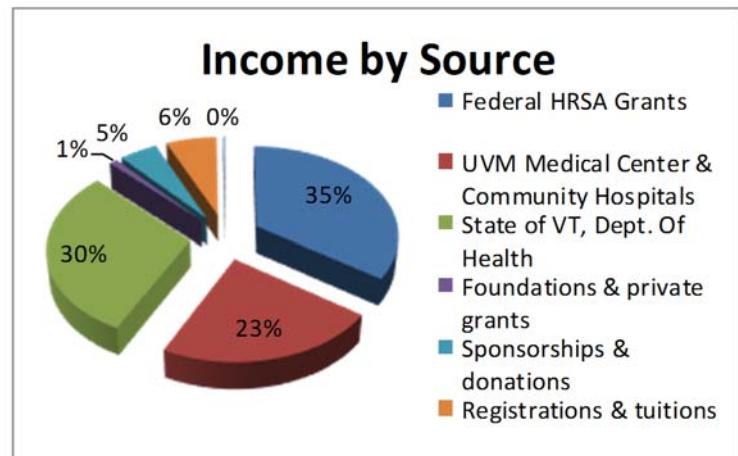
Financial Summary

Income *

Total income \$500,645

Income source

Federal HRSA Grants	\$173,116	34.6%
UVM Medical Center & Community Hospitals	\$114,434	22.9%
State of VT, Dept. Of Health	\$150,500	30.1%
Foundations & private grants	\$5,169	1%
Sponsorships & donations	\$24,178	4.8%
Registrations & tuitions	\$31,910	6%
Interest & misc. income	\$1,338	0.3%
Total Income	\$500,645	100.0%



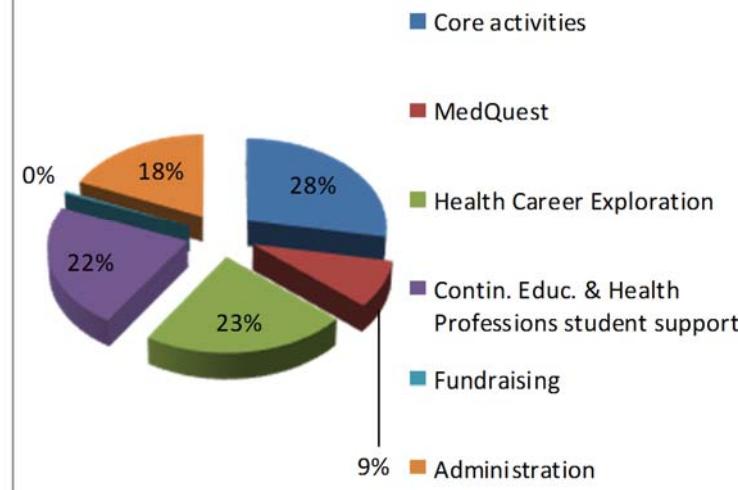
Expenses *

Total expenses \$499,427

Expense source

Core activities	\$139,703	28.0%
MedQuest	\$42,429	8.5%
Health Career Exploration	\$112,188	22.5%
Contin. Educ. & Health Professions student support	\$111,929	22.4%
Fundraising	\$2,061	0.4%
Administration	<u>\$91,117</u>	<u>18.2%</u>
Total Expenses	\$499,427	100.0%
Increase in Net Assets		\$1,218

Expenses by Activity



* from audited financial reports

We express our gratitude and sincere thanks to the following foundations and grantors who so generously supported our work in fiscal year 2014 (Sept 1, 2013—Aug 31, 2014):

Champlain Valley AHEC Board Contributors

Community Hospitals across Vermont

HRSA (Health Resources and Services Administration) of the US Department of Health and Human Services

University of Vermont Medical Center (formerly FAHC)

UVM College of Nursing

Vermont Community Foundation

Vermont State Legislature and the Department of Health

Vermont Women's Fund