

Mission



Build our communities' health care capacity through a focus on education and support to students and health professionals along the workforce pipeline.



**Champlain Valley Area
Health Education Center**

ANNUAL REPORT

2014

Promise

- Disciplined and responsible fiscal management.
- High quality programming that prepares students and professionals for the changing health care workforce.
- Continuous quality improvement for all our activities.
- Support and maintenance of a high performing board of directors.



Vision

With all the talented and committed health care professionals we need, Vermont's health care system is accessible, equitable, culturally competent and of the highest quality.



Champlain Valley AHEC Staff

(left to right: Judy Wechsler, Education Resource Coordinator; Tammy Johnson, Database Manager; Jane Nesbitt, Health Careers Program Educator; Helen Riehle, Executive Director; Elizabeth Ratta, Project Coordinator; Mary Horton, Administrative Coordinator; and Jessica Barrow, Health Careers Program Educator.)

www.cvahec.org



Health Careers

Classroom Presentations



769 participants from our region in FY 2014.

We offer interactive presentations for middle and high school students to build age-appropriate awareness of the diversity of health careers by identifying steps students can pursue toward healthcare careers and directing them to Vermont education resources for further exploration.

"Made me more excited to begin a career in the health field."

Focus on Health Careers Conference



The Focus on Health Careers Conference is a one-day event for high school students interested in pursuing a health career in the future. Activities include guest speakers, workshops and skills training in health-related career fields.

"Really had an amazing time and even more excited now to get into college and start my health care career."



Fifty participants from our region in FY 2014.



Nineteen participants from our region in FY 2014.

Shadow Day (to be renamed *A Day in the Life* in 2015) is a one-day program that offers an opportunity for high school students to develop comfort in the health care field by experiencing a day in the life of healthcare professionals in their work settings. Students explore a healthcare field of interest and strengthen skills and resources needed for such a career.

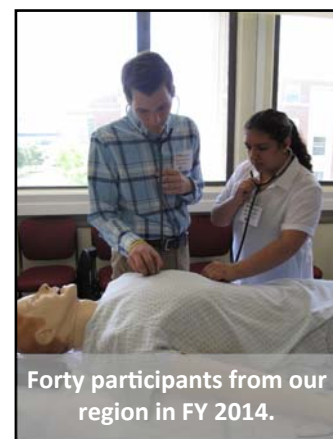
"I'm more motivated to work hard/study to better myself and improve my college experience."

Shadow Day

MedQuest

MedQuest Health Careers Exploration Program is designed for current 10th and 11th graders. MedQuest is a structured, educational, week-long, residential program that is held on the UVM campus. The program gives students the chance to explore a variety of careers in health care and lets students gain comfort in a college environment.

"After talking to multiple professionals during MedQuest, I came to realize that a strong academic foundation is needed in order to succeed in college and later on in life in a medical career."



Forty participants from our region in FY 2014.



Six participants from our region in FY 2014.

CollegeQuest is a six week summer residential program focused on academic enrichment and skill development for current 11th grade Vermont students interested in health careers. Students explore healthcare jobs, learn how the human body works both in health and disease, visit admissions staff at college campuses, gain access to financial aid resources, practice the skills necessary to be successful in college, experience life on a residential college campus and build positive connections with other students and adults.

"CollegeQuest has been such a great experience for me. It was so wonderful for my future. I learned a lot. Thank you CollegeQuest and staff."



Student Support

Health Professions Student Projects

Projects are designed to offer inter-professional, community-based service learning opportunities for health professions students.

Community Health Improvement Projects

As part of their University of Vermont College of Medicine Family Medicine clerkship experience, 3rd year medical students are asked to complete a community health improvement project. For these projects students interview community members and identify a need within the practice or host community that the students can address over a seven week rotation. Job Larson and two other medical students, Vishal Shaw and Jeyko Garuz identified improved nutrition as a way to address multiple chronic conditions, as well as improve overall health. Together they decided to come up with a unique and creative resource for patients to use to improve their diets by creating healthy low cost menu options and posting on YouTube how to prepare the recipes.



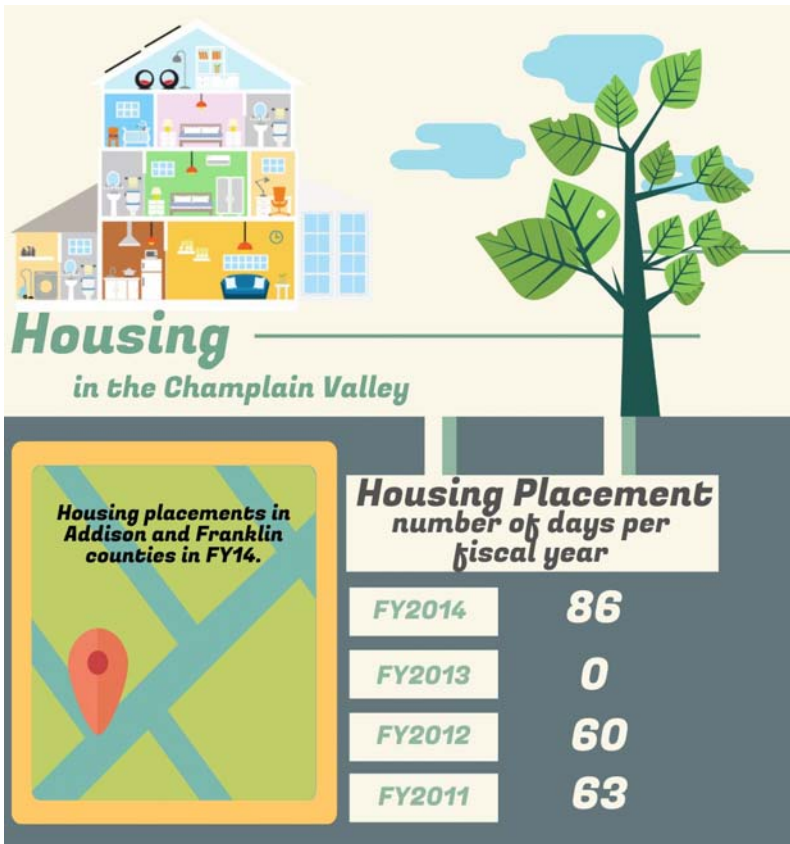
Summer Projects

AHEC Summer Projects are designed to offer inter-professional, community-based service learning opportunities for University of Vermont students. In one project Jia Xin Huang, MS2 and Jack Fitch, RN NPS, University of Vermont students developed culturally and linguistically suitable lesson plans for healthcare professionals and students to use to introduce important US healthcare topics to Vermont's Latino/Latina migrant farm workers. They developed these lesson plans with support from Champlain Valley AHEC, assisted by University of Vermont Extension *Bridges to Health/Puentes a la Salud*, and shaped by their several conversations with Latino/Latina migrant farm workers. With continuing outreach efforts, including on-farm visits, as well as creation and dissemination of new lesson plans, this unique population will become more empowered to make their own healthcare decisions.



Housing

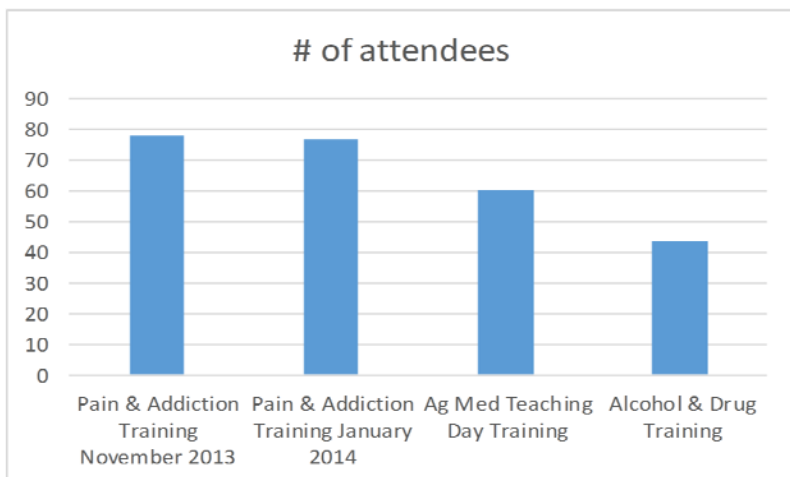
Based on availability, we will arrange housing for eligible students/residents participating in a rural rotation in Vermont if the rotation is at least 25 miles (one way) from the UVM campus. We need at least one month to schedule housing.



Provider Support

Continuing Education

Continuing Education is one way that Champlain Valley AHEC is demonstrating a strong commitment to rural healthcare workforce development. Events are targeted to healthcare professionals such as physicians, nurse practitioners, physician assistants, nurses, coders, and other medical care staff.





Keeping health care providers in our communities...

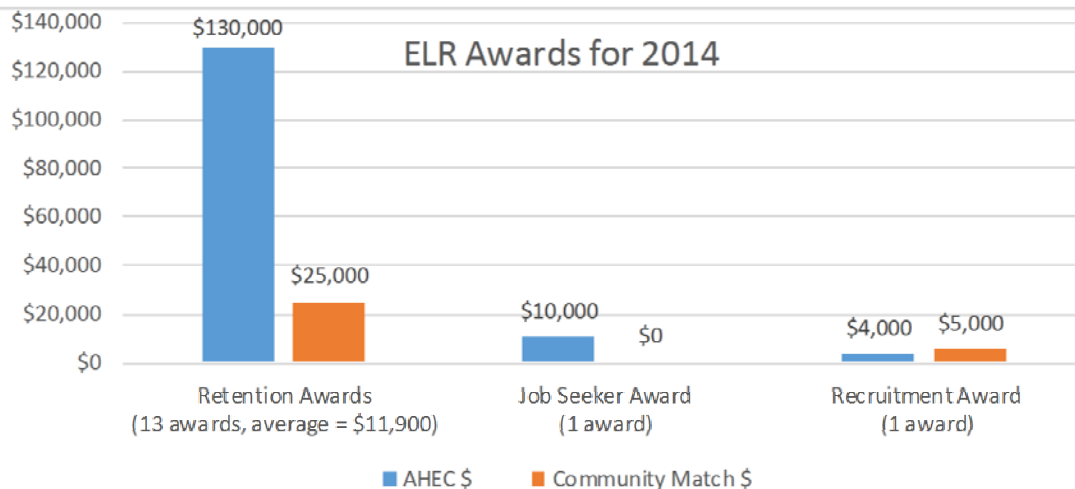
The Vermont Educational Loan Repayment Program for Healthcare Professionals is funded by the State of Vermont through the Department of Health, and is administered by AHEC. The goal of this program is to ensure a stable and adequate supply of primary care practitioners to meet the health care needs of Vermonters.

General Requirements:

- Must be a Vermont resident and a primary care nurse practitioner, physician assistant, psychiatric nurse practitioner, certified nurse midwife, or physician practicing at least 20 hours per week in Vermont.
- Must meet a one-year service commitment.
- Region must have a need for the practitioner, or be an underserved area, as defined by the Program.
- Grants go directly to pay educational loans.

"I thank AHEC for this loan repayment program. As you know many of us who are early career physicians have been saddled with quite a large amount of educational debt from medical school, and sometimes this makes it much harder to consider a long term career in Community Health programs. Programs like this one are instrumental in allowing physicians like myself to continue to serve underserved communities without quite as heavy a burden due to aforementioned debt. Thank you again...and I am looking forward to continuing to serve Vermont's underserved community."

2014 Educational Loan Repayment recipient



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(as of January 1, 2014)

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Vermont State Senate

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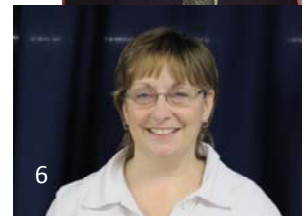
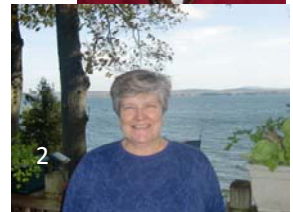
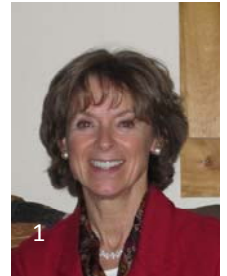
Carol B. Tremble, CPA

Ben Ware, MS3

3rd Year Medical Student, UVM College of Medicine

Robert Zelazo, MD

Medical Director, Northern Tier Center for Health (NOTCH) Swanton



We are so grateful to our many FY 14 volunteers and partners who have supported our programs through the gift of their time, energy, expertise and experience.



Individuals

Shannon Albrecht
Deborah Alsofrom
Rachael Atwood
Dr. David Averill
Molly Backup
Sheila Bannister
Jean E. Beatson
Jamie Belchak
Lynn Billado
Pam Bonsall
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Kris Degenhardt
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Danielle Dragon
Clarissa Drill
Nancy Durham
Mary Alice Favro
Liz Fehrenbach
Theresa Fortune

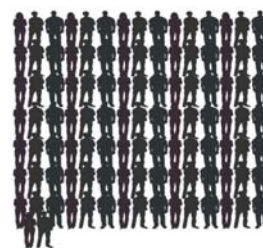
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Chrissy Fredette
Stephanie Gagnon
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Emma Ginty
Erin Graham
Samantha Graham
Sue Griggs
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Kelley Holland
Amy Hopkins
Maggie Holt
Dr. Rachel Inker
Colby Joyce
Jagdeep Kaur
Lisa Kelley
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Judy Schwenn
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Chuck Snowden
Michelle Stearns
Emily Sutton
Christina Sweet
Faye Tolar
Christina Trent
Ed Tumielewicz
Jillian Turner
Raymond Villar
Maureen Weed
Chuck Welch
Naomi Wolcott-
MacCausland
Christin Young
**Departments &
Organizations**
Addison County Home
Health & Hospice
Albany College of
Pharmacy and Health
Sciences
Community Health Center
Burlington

Counseling Service of
Addison County
Essex Rescue
Helen Porter Healthcare
and Rehabilitation
Center
Middlebury Volunteer
Ambulance Association
Navicate
Northwestern Medical
Center Departments
• Diagnostic Imaging
• Emergency
Department
• Family Birth Center
• Inpatient Care
• Laboratory
• Respiratory Therapy
• Surgical Services
Northwestern
Orthopaedics
Northwestern Pain
Management
Northwestern
Rehabilitation Services
Porter Medical Center
Richmond Rescue
United States
Department of Health
Resources and Services

Administration
UVM AHEC Program
Office
UVM Medical Center
Departments:
• Cardiac
Rehabilitation
• Dining Services
• General Surgery
• Hematology &
Oncology
• Obstetrics &
Midwifery
• Orthopedic Care
• Pathology & Lab
Medicine
• Pharmacy Services
• Physical Therapy
• Primary Care Internal
Medicine
• Radiology
• Respiratory Therapy
• Surgical Services
Vermont Department of
Health
Vermont Works for
Women
Vermont Student
Assistance Corporation

Volunteers



107
volunteers
for our
health
careers
programs in
2014



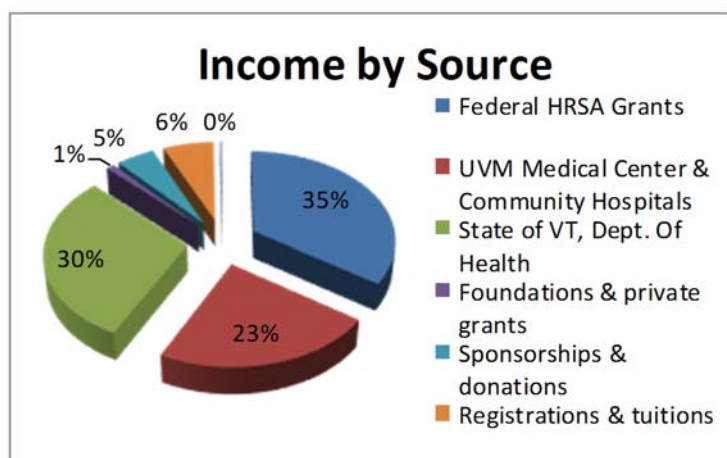
Financial Summary

Income *

Total income \$500,645

Income source

Federal HRSA Grants	\$173,116	34.6%
UVM Medical Center & Community Hospitals	\$114,434	22.9%
State of VT, Dept. Of Health	\$150,500	30.1%
Foundations & private grants	\$5,169	1%
Sponsorships & donations	\$24,178	4.8%
Registrations & tuitions	\$31,910	6%
Interest & misc. income	\$1,338	0.3%
Total Income	\$500,645	100.0%

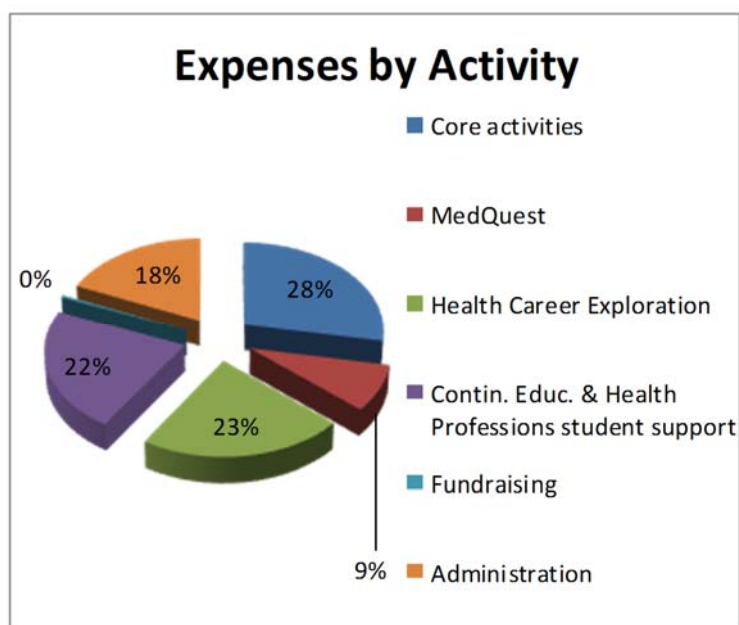


Expenses *

Total expenses \$499,427

Expense source

Core activities	\$139,703	28.0%
MedQuest	\$42,429	8.5%
Health Career Exploration	\$112,188	22.5%
Contin. Educ. & Health Professions student support	\$111,929	22.4%
Fundraising	\$2,061	0.4%
Administration	\$91,117	18.2%
Total Expenses	\$499,427	100.0%
Increase in Net Assets	\$1,218	



* from audited financial reports

We express our gratitude and sincere thanks to the following foundations and grantors who so generously supported our work in fiscal year 2014 (Sept 1, 2013—Aug 31, 2014):

Champlain Valley AHEC Board Contributors
 Community Hospitals across Vermont
 HRSA (Health Resources and Services Administration) of the US Department of Health and Human Services
 University of Vermont Medical Center (formerly FAHC)
 UVM College of Nursing
 Vermont Community Foundation
 Vermont State Legislature and the Department of Health
 Vermont Women's Fund